

THE BETTER BUDGET BOOTCAMP

MONEY MINDSET

ASK YOURSELF:

What are my fears and insecurities?

How did I get here?

What about these fears will prevent me from moving forward?

Why do I think I need help?

Now, that you have a better understanding of your fears and insecurities, make a conscious effort to not focus on your feeling of fear and focus on improving your money future. **What you think and believe you can do, you will do.**